

# 2014 Education & Training



**Royal Hospital for Neuro-disability**

A national medical charity  
registered charity no 20587

I feel inspired now rather than scared. The facilitators were all very approachable and knowledgeable. Also felt they accommodated different learning styles. Great positive learning environment. Thanks, I loved the course!

- Thermoplastic Splinting course attendee



“It is with great pleasure that I present our 2014 education and training programme. This year, I am particularly excited to introduce our first ever International Brain Injury Symposium on Thursday 27 and Friday 28 March 2014. As a leading centre of rehabilitation and care for people living with neuro-disability, we are keen to share our knowledge with others in the field and inform those seeking to develop their skills. The events in this programme are designed to achieve this with the overall aim of improving the quality of life for people affected by neurological disability.”

Angus Somerville, Chief Executive

## **About the Royal Hospital for Neuro-disability**

The Royal Hospital for Neuro-disability is the largest provider in England of specialised (level 1) post-acute rehabilitation services for people with highly complex needs following brain injury.

We also provide slow stream rehabilitation and long term care for people with complex or highly complex needs following brain injury or progressive neurological disease (e.g. Huntington’s disease or multiple sclerosis) in line with the best practice standards for specialist nursing home care.

The RHN’s overriding aim is to enable people to live as full a life as possible, whether here at Putney, at home or elsewhere. Our charitable status means that we are able to improve our physical environment and, in addition to our technology solutions, offer a range of therapeutic services as well as numerous leisure activities.

4 Quick Look Calendar

### **Conference**

5 International Brain Injury Symposium

### **Specialist Training Courses**

6 Managing Behaviours that Challenge in Brain Injured Individuals: the Positive Behaviour Support Approach

7 Overview of the Principles of Assessment & Management of Patients with Disorders of Consciousness and Introduction to SMART

8 SMART Assessor Training

9 An Introduction to Thermoplastic Splinting of the Upper Limb in Neurological Conditions

10 An Introduction to Music Therapy Techniques in Neuro-disability

11 Nutritional Challenges in the Brain Injured Patient

12 Foundation Degree in Clinical Technology

13 Introduction to Casting in Neurology

14 Tracheostomy & Dysphagia in Complex Brain Injury

### **Study Day**

15 Speech and Language Therapy as a Career

16 **Open Lecture Series**

17 **Training Brought To You**

Month	Day	Event
January	17	Managing Behaviours that Challenge in Brain Injured Individuals: The Positive Behaviour Support Approach
	27	Overview of the Principles of Assessment & Management of Patients with Disorders of Consciousness and Introduction to SMART
	27-31	SMART Assessor Training
February	13	Open Lecture - Serious Medical Treatment Decisions About People in a Vegetative or Minimally Conscious State: The Mental Capacity Act and Family Experiences of 'Best Interests'
March	27-28	International Brain Injury Symposium: Day 1 – Navigating the Rehabilitation Landscape Day 2 – Disorders of Consciousness: Challenges & Changes
May	6	Managing Behaviours that Challenge in Brain Injured Individuals: The Positive Behaviour Support Approach
	8	Open Lecture - RHN 160 <sup>th</sup> Birthday: Exploring Victorian Philanthropy
	19-21	An Introduction to Thermoplastic Splinting of the Upper Limb in Neurological Conditions
June	3	An Introduction to Music Therapy Techniques in Neuro-disability
	17	Nutritional Challenges in the Brain Injured Patient
July	3	Open Lecture - Compass Assistive Technology Service: 'Assistive Technology, What Has It Ever Done For Us?'
September		Foundation Degree in Clinical Technology
	12	Speech and Language Therapy as a Career
	17	Managing Behaviours that Challenge in Brain Injured Individuals: The Positive Behaviour Support Approach
	18	Open Lecture - Understanding Disorders of Consciousness
	22-24	An Introduction to Casting in Neurology
October	16	Tracheostomy & Dysphagia in Complex Brain Injury
November	10	Overview of the Principles of Assessment & Management of Patients with Disorders of Consciousness and Introduction to SMART
	10-14	SMART Assessor Training
	13	Open Lecture - Enhancing the Healing Environment
December	9	Managing Behaviours that Challenge in Brain Injured Individuals: The Positive Behaviour Support Approach

## **International Brain Injury Symposium**

### **Date**

Thursday 27 - Friday 28 March

### **Venue**

Royal Overseas League, London, SW1A 1LR

### **Cost**

£280

### **Details**

Royal Hospital for Neuro-disability's first international symposium on rehabilitation after brain Injury.

Over two days, this symposium will convene a panel of national and international experts to present "How to Navigate the Rehabilitation Landscape" (Day1) and "Changes and Challenges in Disorders of Consciousness (DOC)" (Day2).

This event will look at:

- The international and national context of rehabilitation after brain injury.
- The ethical and legal aspects of rehabilitation after brain injury in adults and children.
- The new Royal College of Physicians guidelines on DOC and their implications for patients, families and healthcare providers.

Confirmed keynote speakers:

- David Ripley, Medical Director, Brain Injury Medicine and Rehabilitation, Rehabilitation Institute of Chicago, USA
- Professor Lynne Turner-Stokes, Herbert Dunhill Chair of Academic Rehabilitation, King's College London and Director, Regional Rehabilitation Unit, Northwick Park Hospital, UK

Delegates will leave this event with a better understanding of the delivery of rehabilitation after severe brain injury.

### **Lead Facilitator:**

Dr Sophie Duport, Head of Research, Royal Hospital for Neuro-disability

**For further information or to book:**

[institute@rhn.org.uk](mailto:institute@rhn.org.uk) - 020 8780 4500 ext. 5140 - [www.rhn.org.uk/courses-and-training](http://www.rhn.org.uk/courses-and-training)

## **Managing Behaviours that Challenge in Brain Injured Individuals: The Positive Behaviour Support Approach**

### **Dates**

Friday 17 January / Tuesday 6 May /  
Wednesday 17 September / Tuesday 9 December

### **Venue**

Royal Hospital for Neuro-disability, London, SW15 3SW

### **Cost**

£95

### **Details**

This one day course is open to anyone working with individuals with a brain injury who may wish to increase their skills and knowledge of managing behaviours that challenge. It offers a theoretical and practical introduction to the positive behaviour support approach, which has been found to be highly effective and rewarding for those clinicians applying the methods in a range of settings.

By the end of the course attendees will:

- Have an understanding of the possible causes of challenging behaviour after a brain injury.
- Be able to describe the possible functions of challenging behaviour, why it is happening and what it is telling us.
- Have an understanding of the development of both pro-active (preventative) and reactive strategies.
- Be able to appropriately select and use a range of verbal and non-verbal strategies to prevent or respond to challenging behaviours.
- Be able to identify methods that can be incorporated into the clients' environment that can lead to the reduction of the incidence of challenging behaviour.
- Be proficient in the completion of documentation of challenging behaviour and understand the purpose of collecting data.
- Have an understanding of how debriefing and regular staff support mechanisms may help teams working with people with challenging behaviours.

### **Led by:**

Neuro-behavioural Rehabilitation Unit, Royal Hospital for Neuro-disability

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[institute@rhn.org.uk](mailto:institute@rhn.org.uk) - 020 8780 4500 ext. 5140 - [www.rhn.org.uk/courses-and-training](http://www.rhn.org.uk/courses-and-training)

## **Overview of the Principles of Assessment & Management of Patients with Disorders of Consciousness and Introduction to SMART**

### **Dates**

Monday 27 January / Monday 10 November

### **Venue**

Royal Hospital for Neuro-disability, London, SW15 3SW

### **Cost**

£120

### **Details**

The SMART (Sensory Modality And Rehabilitation Technique), is a standardised assessment specially designed for patients with disorders of consciousness.

The course is open to experienced clinicians, scientists and physicians to provide an overview of disorders of consciousness and also to any delegate who meets the SMART person specification who requires further information pertaining to disorders of consciousness or SMART and may be considering attending the full five day course in the future. This day will include a definitions, diagnosis and prognosis lecture by the guest speaker, and an introduction to SMART.

### **Lead Facilitator:**

Helen Gill, SMART Developer & Consultant

The logo for SMART (Sensory Modality And Rehabilitation Technique) consists of the word "SMART" in a bold, sans-serif font. The letters are white and set against a dark blue background.

### **For further information or to book:**

[institute@rhn.org.uk](mailto:institute@rhn.org.uk) - 020 8780 4500 ext. 5140 - [www.rhn.org.uk/courses-and-training](http://www.rhn.org.uk/courses-and-training)

## SMART Assessor Training

### Dates

Monday 27 - Friday 31 January

Monday 10 - Friday 14 November

### Venue

Royal Hospital for Neuro-disability, London, SW15 3SW

### Cost

£785

(£750 if booked before August 10 2014, for November Course)

### Details

The SMART (Sensory Modality & Rehabilitation Technique) is a standardised assessment specially designed for patients with disorders of consciousness.

The full five day course is designed for senior neurological clinicians (AHP's, Clinical Psychologists, Nurses, Doctors) as a first step to gain their accreditation as SMART assessors. This intensive course will enable the delegates to develop both the skills and knowledge in SMART assessment and treatment planning through tutorials, formative assessment and practical sessions. Following completion of the course the delegates will be required to complete one to three SMART assessments (dependent on the accreditation pathway selected) to complete the SMART accreditation process. Re-accreditation is required every four years.

### Lead Facilitator:

Helen Gill, SMART Developer & Consultant

The logo for SMART, consisting of the letters 'SMART' in a bold, sans-serif font.

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## **An Introduction to Thermoplastic Splinting of the Upper Limb in Neurological Conditions**

### **Date**

Monday 19 - Wednesday 21 May

### **Venue**

Royal Hospital for Neuro-disability, London, SW15 3SW

### **Cost**

£360

### **Details**

An exciting opportunity to attend an intensive course to learn about the challenges of splinting abnormal tone with complex pathologies such as acquired brain injury and disorders of consciousness.

This course is designed for clinicians, who have some basic experience of working with thermoplastic materials and wish to gain further handling skills and understanding of splinting the neurologically impaired upper limb.

Attendees will develop knowledge of the clinical reasoning behind splinting in neurology through theoretical and practical workshops, with all materials provided.

### **Led by:**

Physiotherapists & occupational therapists,  
Royal Hospital for Neuro-disability

### **For further information or to book:**

splinting@rhn.org.uk - 020 8780 4500 ext. 5140 - [www.rhn.org.uk/courses-and-training](http://www.rhn.org.uk/courses-and-training)

## **An Introduction to Music Therapy Techniques in Neuro-disability**

### **Date**

Tuesday 3 June

### **Venue**

Royal Hospital for Neuro-disability, London, SW15 3SW

### **Cost**

£95

£60 Students (limited availability)

### **Details**

This is a continuing professional development event primarily for music therapists and music therapy students. The course, which has a practical emphasis, features presentations from members of the British Association for Music Therapy Neuro-disability Network.

The day will outline specific music therapy techniques used in neuro-disability and will include neurologic music therapy techniques. This will be framed within presentations of clinical work and there will also be opportunity for exploring ways of working through workshops and discussion.

### **Led by:**

Music therapists, Royal Hospital for Neuro-disability

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[institute@rhn.org.uk](mailto:institute@rhn.org.uk) - 020 8780 4500 ext. 5140 - [www.rhn.org.uk/courses-and-training](http://www.rhn.org.uk/courses-and-training)

## **Nutritional Challenges in the Brain Injured Patient**

### **Date**

Tuesday 17 June

### **Venue**

Royal Hospital for Neuro-disability, London, SW15 3SW

### **Cost**

£120

### **Details**

This course is designed for dietitians with some enteral feeding and nutrition support experience.

The majority of the patients at the Royal Hospital for Neuro-disability receive some or all of their nutrition and hydration via an enteral tube. The amount of nutrition an individual needs to maintain health varies significantly and the range of enteral feeding products that are available has increased over the past few years.

Transitioning between enteral feeding and oral diet can be a challenge. This course will cover the range of products used at the Royal Hospital for Neuro-disability as well as the commonly reported problems with enteral feeding.

This workshop will answer the following questions:

- How do we know how much nutrition is required?
- How do we monitor if the amount of nutrition is correct?
- How are a variety of nutritional products used to achieve the correct balance?
- What are the enteral feeding challenges for the dietician in this setting?

The course is both practical and informative and attendees will have a chance to learn about the different types of feeding tubes available, as well as work on complex feeding regimens.

### **Led by:**

Dieticians, Royal Hospital for Neuro-disability

### **For further information or to book:**

[institute@rhn.org.uk](mailto:institute@rhn.org.uk) - 020 8780 4500 ext. 5230 - [www.rhn.org.uk/courses-and-training](http://www.rhn.org.uk/courses-and-training)

## Foundation Degree in Clinical Technology

### Date

September 2014, two years, one day per week  
Includes work-based learning

### Venue

London South Bank University, Southwark Campus

### Cost

On application

### Details

The Foundation Degree was developed as part of an RHN initiative to address a growing requirement for special seating, orthotics and prosthetic devices in the modern world. Graduates from the two year course will be equipped to work with multidisciplinary teams and meet the needs of individuals with complex needs. They will have unique skills and knowledge that could place them in high-demand to meet a growing skills shortage in the market of clinical products. The development of new technology offers students the opportunity to explore innovative technological solutions that can improve the lives and wellbeing of people living with disabilities.

Within the degree, there are four main core subject areas:

- Mechanics - with an emphasis on solid mechanics and elements of biomechanics
- Materials - including biomaterials
- Manufacturing and design
- Rehabilitation

The Foundation Degree in Clinical Technology was re-validated in 2013 with the updated curriculum starting September 2014.

**London South Bank**  
University

**For further information:**

Course Director, Sandie Woods - woodss3@lsbu.ac.uk - 020 7815 8462

## **Introduction to Casting in Neurology**

### **Dates**

Monday 22 – Wednesday 24 September

### **Venue**

Royal Hospital for Neuro-disability, London, SW15 3SW

### **Cost**

£370

### **Details**

The course will focus on the use of soft and scotch cast materials, will provide an overview of casting techniques and will cover clinical reasoning for splinting. There will be a large practical element with all materials provided, enabling learning to be directly applied to practice. Splints covered will include elbow, wrist and hand, back slab, knee and ankle.

### **Led by:**

Physiotherapists, Royal Hospital for Neuro-disability

### **For further information or to book:**

casting@rhn.org.uk - 020 8780 4500 ext. 5140 - [www.rhn.org.uk/courses-and-training](http://www.rhn.org.uk/courses-and-training)

## Tracheostomy & Dysphagia in Complex Brain Injury

### Date

Thursday 16 October

### Venue

Royal Hospital for Neuro-disability, London, SW15 3SW

### Cost

£120

### Details

This one day course offers speech and language therapists the opportunity to develop their specialist knowledge of working with people with complex dysphagia and tracheostomy in the post-acute phase.

Presenters will include Peter Clarke, ENT consultant at The Royal Marsden, Charing Cross and Cromwell Hospitals, as well as RHN speech & language therapists.

By the end of the course attendees will be able to:

- Conduct timely evidence-based intervention relating to swallow and tracheostomy management in complex brain injury.
- Gain an increased awareness of the role of speech and language therapy with tracheostomies in the post acute setting.
- Consider long term complications of tracheostomies.
- Demonstrate sound clinical reasoning skills relating to a complex caseload.

### Led by:

Speech & Language Therapists, Royal Hospital for Neuro-disability

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## Speech and Language Therapy as a Career

### Date

Friday 12 September

### Venue

Royal Hospital for Neuro-disability, London, SW15 3SW

### Cost

£35

### Details

This is an information day for potential speech & language therapy (SLT) students run by specialist speech & language therapists from the Royal Hospital for Neuro-disability.

The day will consist of seminars and workshops to provide insight into how we treat adults with communication and swallowing difficulties following brain injury. We will provide you with information to help you decide if SLT is the career for you and guidance in the application process.

The day will look at:

- What is SLT?
- Communication and swallowing disorders in adults
- The role of the speech & language therapist
- Who does the speech and language therapist work with?
- What career opportunities does SLT offer you?
- Course interview and application information

### Lead Facilitator:

Alice Howard, Speech & Language Therapist  
Royal Hospital for Neuro-disability

### For further information or to book:

st@rhn.org.uk - 020 8780 4500 ext. 5230 - [www.rhn.org.uk/courses-and-training](http://www.rhn.org.uk/courses-and-training)

February	13	<p><b>Serious Medical Treatment Decisions About People in a Vegetative or Minimally Conscious State: the Mental Capacity Act and Family Experiences of ‘Best Interests’</b></p> <p><b>Presenters:</b> Jenny Kitinger, Cardiff University, &amp; Celia Kitinger, University of York</p>
May	8	<p><b>RHN 160<sup>th</sup> Birthday: Exploring Victorian Philanthropy</b></p> <p><b>Presenters:</b> Fundraising team, Royal Hospital for Neuro-disability, &amp; guests</p>
July	3	<p><b>Compass Assistive Technology Service: ‘Assistive Technology, What Has It Ever Done For Us?’</b></p> <p><b>Presenters:</b> Compass team, Royal Hospital for Neuro-disability</p>
September	18	<p><b>Understanding Disorders of Consciousness</b></p> <p><b>Presenters:</b> Research department, Royal Hospital for Neuro-disability</p>
November	13	<p><b>Enhancing the Healing Environment: an open lecture looking at the concept of healing environment and the ways that this is translated at the RHN in the indoor and outdoor spaces</b></p> <p><b>Presenters:</b> Members of the Multi-disciplinary Team, Horticulturalist and Facilities, Royal Hospital for Neuro-disability</p>

Lectures are held in the De Lancey Lowe Room, 4.30-5.30pm  
Royal Hospital for Neuro-disability, London, SW15 3SW

The lectures are free and open to everyone but please contact the RHN if you plan to attend as places are limited.

**For further information or to book:**

institute@rhn.org.uk - 020 8780 4500 ext. 5140 - [www.rhn.org.uk/courses-and-training](http://www.rhn.org.uk/courses-and-training)

Although the majority of the training we offer is held at the Royal Hospital for Neuro-disability, it is possible for some specialist training courses to be organised at alternative venues. For example, SMART Assessor Training has been held at the Centre Hospitalier Universitaire Vaudois in Lausanne, Switzerland and at Pattison's Academy for Comprehensive Learning, South Carolina, USA.

For further details about this service please email [institute@rh.n.org.uk](mailto:institute@rh.n.org.uk) or call 020 8780 4500 ext. 5140

### **Compass**

Compass is the electronic assistive technology service at the Royal Hospital for Neuro-disability which provides assessments for communication aids, computer access, environmental control and powered wheelchair controls for inpatients and people living with neurological disabilities in the community.

Compass can provide training in the above technology for equipment users, relatives and professionals in rehabilitation, either on a one to one basis or larger groups. Training can cover assessment methods, technical skills or any requirement related to electronic assistive technology provision. It can be provided at our premises in Putney or in the community.

For further details about this service please contact:

#### **Gary Derwent**

Tel: 020 8780 4500 ext. 5099

Email: [gderwent@rh.n.org.uk](mailto:gderwent@rh.n.org.uk)

**I thought this was an excellent course and provided good strategies for practice in a short space of time.**

**- Managing Behaviours That Challenge  
course attendee**

# Finding Us



**Nearest tube station:** East Putney

**Nearest rail station:** Putney

**Bus:** The 170 bus route stops directly outside the main entrance

The Royal Hospital for Neuro-disability, West Hill, Putney, London, SW15 3SW



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A national medical charity  
Registered Charity No 20587

**For further information or to book:**

[institute@rhn.org.uk](mailto:institute@rhn.org.uk) - 0208 780 4500 ext. 5140 - [www.rhn.org.uk/events](http://www.rhn.org.uk/events)